

APRIL 5TH – 12TH

Monday

Tuesday

Wednesday

Thursday

Friday

6pm - Fitness - Join us through Zoom for some fun exercising and social time!

<https://nearc.zoom.us/j/841741841>

6pm - Yoga - Come stretch and center yourself with us as we do our Yoga through zoom!

<https://nearc.zoom.us/j/834206408>

4pm - Sports Social - Football, Baseball, Hockey, Basketball and more! Come hang out and talk sports through Zoom!

<https://nearc.zoom.us/j/549371558>